

INSPIRING SOCIAL CHANGE



## Becoming a dementia-friendly organisation – a bottom up approach

#### A LEARNING EVENT IN DEMENTIA – Mobilising Community Supports

Katherine Blaker, Community Development Manager

JRHT becoming a dementia-friendly organisation

## Aiming to become an organisation that recognises and addresses the impact of dementia on all of us



### **'Conversations about Dementia' roadshow**

#### Visited 17 sites, reached over 250 staff face-to-face





## **3 dimensions of being dementia-friendly**

1. Provision of dementia-friendly services to tenants and residents, in care settings, maintaining socially rented properties and in the wider community, e.g. Homestead Park, Folk Hall.

2. Supporting staff with informal caring responsibilities outside of work

3. Supporting employees who may develop dementia whilst working for JRF & JRHT

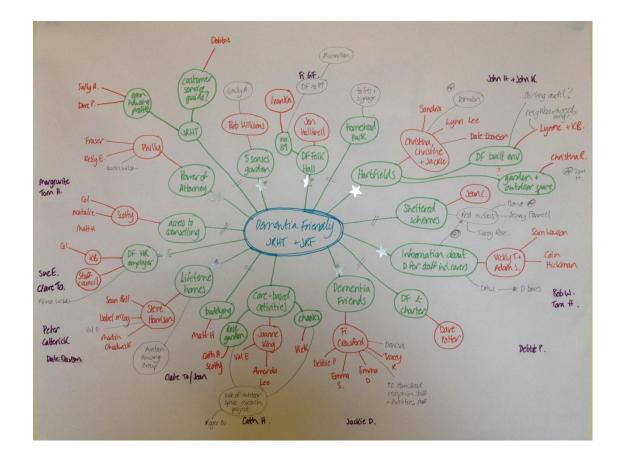


#### Parks and gardens staff prioritising HR projects





#### 21 projects today, but ever increasing!





#### The Folk Hall, New Earswick

#### Updating a Grade 2 listed community centre





## Folk Hall actions so far

Audit by University of Stirling, Dementia Services Development Centre

Walk-round by users of the Folk Hall who have dementia and their carers

Initial refurbishment informed by dementia-friendly design principles and feedback from people with dementia

New signage throughout, paint colours, floor surfaces & attention to way-finding prompts, acoustics and lighting

Introductory training session for customer service staff



## **Providing support to informal carers**

- Dementia information boxes distributed to each JRF & JRHT workplace
- Creating a new Carers human resources policy to bring together all entitlements and support for carers
- Disability Friends network providing support to any staff who ask
- Talking about dementia openly providing role models
- Advertising employee assistance programme support



## **Supporting employees**

- Myth busting poster campaign about dementia
- Raising awareness of early onset dementia
- Exploring what employees would want from JRF & JRHT as an employer



#### Involving people with dementia – it's lots of fun!





# My experiences of involving people with dementia

Be brave – don't be afraid!

Identify opportunities, any opportunities, to involve people

Start small and build everyone's confidence

Take time to build relationships

Food and small talk help – before and after the task in hand

Pay attention to detail – transport preferences, time of day



"It's important that people with dementia are involved in projects like this one in York.

No-one can understand what it's like to have dementia unless they've got it. I would never have believed how complicated life could be."

Peter Jones, retired architect





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