

HOME TO HOME SCHEME

SLIGO/LEITRIM/WEST CAVAN



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Project Description

- The home to home scheme is short break holiday scheme for children & adults with intellectual disabilities & autism
- Partnership with the HSE and The Carers Association Sligo/Leitrim



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Project Aims

- To establish a systematic host family respite scheme based on national and international best practice
- To promote opportunities for community inclusion for children & adults with disabilities
- To provide a circle of support for the natural family through the provision of regular home to home respite breaks



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How the aims were achieved

- Home to Home Co-ordinator recruited
- Best practice guidelines developed
- Home to Home Committee established
- Data collection database designed
- Publicity campaign & launch events held
- Recruitment, training & assessment of hosts
- Matching process ongoing
- Support pathway in place



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Benefits of the project to date

Tri fold benefits

- Benefits for the child/adult with disability (guest)
- Benefits for the natural family
- Benefits for the host family



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Benefits for the guest:

- Home comfort, natural supports & natural friendships
- Positive experience of separation from natural family with new peer friendships – ‘sleep over’
- Encourages confidence and independence
- Promotes community inclusion



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Benefits for the guests family:

- Provides a choice of respite options
- Flexibility available e.g. if family needs a home to home break for a particular occasion.
- Family benefits with a break from the daily nurturing routine of caring for their son/daughter
- Circle of support expands to include host family
- Long term natural family supports are sustained



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Benefits for the host family:

- Host family acquire new skills and develop new friendships
- Host family members get to spend time with a child or adult with a disability
- Knock on feelings of contribution to community and increased personal self worth



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Benefits of the project to date

- Links established with the National Home Share Network
- Shared learning opportunities
- Pathway to contribute to national policy development
- Opportunity to influence change



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Benefits beyond the life of the funding:

- Home to Home best practice model, service principles and philosophy in place
- On stand by for further development, expansion & roll out



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Home to Home Scheme
Best Practice Guidance

September 2014



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*“My children tell me that
home to home is about
friendships –
spreading out into our
community”*





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Further information?

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